

SETTIMANA	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì
1	Risotto con verdure formaggio ^{3,6,7,9,12} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta al pomodoro ^{1,3,6,7,10,13} Uova sode o frittata al forno ³ Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Minestra vegetale ^{7,9} Pollo e patate o pure ^{3,6,7} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta alle verdure ^{1,3,6,9,10,12,13} Pesce ^{2,4,14} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Lasagne al ragù ^{1,2,3,4,5,6,7,8,9,10,11,12,13,14} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}
2	Crema di Verdure e patate Scaloppina di maiale ^{1,6,12} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Risotto ^{6,7} Formaggio ^{3,7} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta con ricotta ^{1,3,6,7,10,13} Pesce al forno ^{2,4,14} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta alle verdure ^{1,3,6,9,10,12,13} Hamburger di legumi ^{1,3,4,5,6,7,8,9,10,11,12,13} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pizza ^{1,3,4,5,6,7,8,9,10,11,12,13} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}
3	Gnocchi ^{1,3,4,5,6,7,8,9,10,11,12,13} o pasta al ragù ^{1,3,6,7,10,13} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta al pomodoro ^{1,3,6,7,10,13} Pesce al forno ^{2,4,14} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta e fagioli ^{1,3,5,6,7,8,10,11,13} ½ Formaggio ^{3,7} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Minestra vegetale ^{7,9} Arrosto di tacchino ^{1,6} Patate o pure ^{3,6,7} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Risotto alle verdure ^{3,6,7,9,12} Uova o frittata ³ Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}
4	Pasta al pesto ^{1,3,4,6,7,8,9,10,12,13} Pesce al forno ^{2,4,14} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Spezzatino di manzo con polenta ^{1,6} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Risotto alle verdure ^{3,6,7,9,12} Formaggio ^{3,7} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta all'inglese ^{1,3,6,7,10,13} Piselli o fagioli ^{1,6,8,9,10,11,12,13} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}	Pasta al pomodoro e pollo ^{1,3,6,7,10,13} Verdura cotta e cruda ^{1,2,3,4,6,7,9,14} Pane ^{1,3,5,6,7,8,10,11,12,13} Frutta fresca o Dessert ^{1,3,6,7,8}

Una volta al mese sarà servita una **TORTA SPECIALE (CROSTATA O TORTA ALLO YOGURT)**

Legenda allergeni: 1.Cereali contenenti glutine e loro derivati 2.Crostacei e prodotti derivati 3.Uova e prodotti derivati 4.Pesce e prodotti derivati 5.Arachidi e prodotti derivati 6.Soia e prodotti derivati 7.Latte e prodotti derivati incluso lattosio 8.Frutta a guscio e prodotti contenenti frutta a guscio 9.Sedano e prodotti contenenti sedano 10.Senape e prodotti contenenti senape 11.Sesamo e prodotti contenente sesamo 12.Anidride solforosa e solfiti conc> 10MG/KG-L 13.Lupini e prodotti contenenti lupini 14.Molluschi e prodotti contenenti Molluschi